

The Perfect Picnic Square Peg Cookery Classics



BOOK DETAILS

- Author : Hilda Level
- Pages : 128 Pages
- Publisher : Square Peg
- Language : English
- ISBN : 0224086782

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BOOK SYNOPSIS

Take a warm summers day, a secluded spot in the dappled shade, a blanket and a bottle of wine, friends and family, and a spread of delicious homemade food, and you have that timeless rustic idyll - the Great British picnic. Perfect picnic food is simple, elegant and delicious, based around much-loved classics. Hilda Level, who wrote this book in 1936, was extraordinarily before her time. She influenced generations of foodies with her wonderfully inventive recipes , where retro meets modern, such as: Egg mayonnaise on crusty bread Watercress, beetroot and nasturtium salad Chicken and leek pie Spiced plum cake and salted almonds She championed local, seasonal ingredients like watercress and asparagus; she promoted traditional recipes from raised pies to strawberries and cream; and she set a benchmark of refinement with crab soufflé and spaghetti and truffles.

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